tacted at binsightfl1l@gmail.com.

References

Anthony, E. James (1987). *Risk, vulnerability, and resilience: An overview*. Guilford Press.

Fonagy, Peter, Steele, Miriam, Steele, H., Higgitt, A., & Target, Mary (1994). The theory and practice of resilience. *Journal of Child Psychology and Psychiatry*, *35*(2), 231-257.

Liu, Sabrina R., Sandman, Curt A., Davis, Elysia Poggi, & Glynn, Laura M. (2022). *Intergenerational risk and resilience pathways from discrimination and acculturative stress to infant mental health*. Cambridge Press.

Masten, Ann S. (1989). Resilience in development: Implications of the study of successful adaptation for developmental psychopathology. In D. Cicchetti (Ed.), *The emergence of a discipline: Rochester symposium on developmental psychopathology*. Erlbaum Publishers, pp. 262-294.

Werner, Emmy E., & Smith, Ruth S. (1982). *Vulnerable but invincible: A longitudinal study of resilient children and youth.* McGraw-Hill Book Company.

Werner, Emmy E. (1996). Vulnerable but invincible: High risk children from birth to adulthood. *European child & adolescent psychiatry*, *5*, 47-51. ❑

Transgenerational: A Hole in the Soul

Inna Rozentsvit—Object Relations Institute

Transgenerational—what is it?
It's when you have a painful hole in your soul,
Without knowing
why it is there
who did it
how to fix it
or who to call for help.

Transgenerational – is when
You dive so deeply into that hole in your soul,
But still – no answer
to the "why,"
the "who"
and the how.

Transgenerational—is when

People say, "But you don't seem to have a hard life,
So why dig?"
They say, "You were not a slave, your grandparents were.
So, what's YOUR problem?"

They say, "You were not made to watch
Three of your brothers being quartered by horses in Petlyura pogroms!
Your grandma was made to watch, not you!
So why keep digging?"

They say, "Bandera monuments being erected
all over 21st century Ukraine should not bother you!
He is a Hero of Ukraine—
Each nation chooses its heroes!"
(Even if he was a murderous anti-Semite?)

Yes, they do choose their heroes
—and if you have a hole in your soul
Somehow painfully connected with those monuments
—how is it not YOUR problem?

Inna Rozentsvit's biography may be found on page 7. ❑

[Editor's Note: We look forward to publishing already refereed and accepted submissions by Maurice Apprey, Ira Brenner, Marc-André Cotton, Eva Fogelman, Gabriela Gusita, Dorothea Leicher, and Peter Petschauer in the Intergenerational Transmission of Trauma and Resilience: Part II in the Winter 2023 Issue.]

Our Emotions Projected onto Television, Podcasts, Movies, Electronic Devices (Media as Object Relations)

The Transformative Nature of Books

Juhani Ihanus—University of Helsinki

Abstract: This article concentrates on the dialogical and reflective readings of fiction and the role of emotions in the personal and shared experience of reading. Reading consists of participating in the transitional ex-