I was honored to have worked with Monte professionally, and privileged to have shared an endearing friendship with him for nearly three decades, as was my husband Dom. We miss Monte profoundly, will recall him fondly, remember his iconic contributions to dream work, and tribute his exceptional character and humanity as a stellar human being.

Mena E. Potts, PhD, *a University of Pittsburgh Competency program trainer, is the founder of the Dream Center for Education and Research, a past board member of the International Association for The Study of Dreams, and a Research Associate of the Psychohistory Forum. Dr. Potts may be contacted at Drmpotts@aol.com.*

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A Man for All Seasons Who Changed My Life

Stanley Krippner
Saybrook Graduate School and Research Center

In 1961, Montague Ullman founded a dream laboratory at Maimonides Medical Center in Brooklyn. A few years later, he asked several eminent psychologists and psychiatrists to direct the laboratory's research program on anomalous effects in dreams. They all turned him down because the laboratory was only assured funding for three years, and the study of telepathic, clairvoyant, and precognitive dreams was hardly a move that would lead to career advancement. When Monte offered the position to me, I immediately accepted it and have never regretted the decision.

When I arrived in Brooklyn, Monte told me about the adventures he shared with a few college friends, a series of private meetings marked by ostensibly anomalous events such as the sudden appearance of strange objects and messages purportedly written by a "Dr. Bindleof," a physician who claimed to have died in 1919. He also told me of psychotherapeutic encounters in which patients reported dreams that incorporated specific elements of his own personal life. These were the personal sources that motivated Monte to organize a dream laboratory that took advantage of newly developed technology—monitoring research participants' brain waves and eye movement activity—to determine the appropriate time to awaken them and ask for dream reports.

Monte and I designed an experimental protocol that involved introducing a staff member to a volunteer, and then separating them for the night. Once the staff member reached his or her own room, the staff member opened a randomly selected envelope and focused on the enclosed art print. Research participants tried to incorporate these images into their dreams; a team of outside experts attempted to match dream protocols with the art prints used on those nights—and did so at statistically significant levels. It was a pleasure to work out the details of these studies with Monte; his insights into both the dreaming process and the nature of anomalous phenomena provided material that I could draw upon in designing an airtight procedure that would be evaluated statistically and that would rule out trickery, sensory cueing, and coincidence.

Indeed, we were a "dream team," that enjoyed a "dream relationship." Our contact continued after we both left Maimonides in the early 1970s. I studied Monte's dream appreciation method at his home in Ardsley, New York, which also gave me the opportunity to maintain contact with his lovely wife, Janet. Our visits were marked by intellectual discussions, philosophical speculations, and personal interchanges. We discussed life's triumphs and tragedies frankly and openly, including his grief over Janet's death and, later, her appearance in a series of remarkable dreams.

When I turned seventy-five, Monte and his companion Judy Gardiner drove to Manhattan to help me celebrate. I introduced him to my family and friends as "the man who changed my life." The same can be said of other men and women I have known, but my friendship with Monte was multi-dimensional. It was marked by intellectual growth (on my part), wit (primarily on his part), and storytelling (on both our parts). Monte Ullman was more than a man for all seasons; he was a man for all reasons.

Stanley Krippner, PhD, *is professor of psychology, Saybrook Graduate School and Research Center, San Francisco. He co-authored* <u>*Dream Telepathy*</u> *with Montague Ullman, a book*

that reviewed their experiments at Maimonides Medical Center where he directed the Dream Laboratory for a decade. In 2002, he received the American Psychological Association Award for Distinguished Contributions to the International Advancement of Psychology. He may be contacted at skrippner@saybrook.edu.

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Remembering Monte

Robert Van de Castle
University of Virginia

Over forty years ago, I first met Montague Ullman in Miami when he sought to recruit me for a position at Maimonides Hospital to establish a Sleep and Dream Laboratory to study telepathic dreams. At the time I was working with Calvin Hall at the Institute of Dream Research. For several hours each day sitting under a palm tree, Calvin and I were busy scoring up dreams and working on our book *The Content Analysis of Dreams*. Though I found Monte to be a quite charming, kind, warm person with a wonderful smile and sense of humor, that idyllic setting overruled any considerations about moving to Brooklyn. His subsequent hire of Dr. Stanley Krippner turned out to be the perfect choice to meet the needs for that challenging Maimonides project.

Eventually, Calvin and I investigated whether telepathic material could be incorporated into dream content and got very encouraging results. Monte invited me to see whether I would be able to demonstrate similarly successful results at Maimonides partly because of my excellent memory for the details of dreams and capabilities as a telepathic receiver. I eventually participated as a subject on eight experimental nights during a forty-four week period. On each morning that I had served as a subject, I would spend an hour or two with Monte while we explored at great length my feelings about the person several hundred yards away in a locked room who had served as the "sender," what was going on in my life at the time, what associations I had to the target picture and so forth. Monte was the "sender" on one of these experimental nights. It was an interesting process to weave back and forth all the associations to the material that emerged that night. The publication of Monte and Stan's classic book *Dream Telepathy* eventuated from nearly a decade of their systematic research on this topic.

It was a pleasure to be in the audience when Monte received his award for Lifetime Achievement in Dreamwork from the International Association for the Study of Dreams (IASD) at their annual meeting in 2006. No one was a more deserving recipient than Monte. His theoretical proposals involving the vigilance hypothesis, the role of inter-species connectedness, and his recent forays into finding links between the mysterious realms of the paranormal and David Bohm's theories on quantum physics have always been beautifully articulated, well reasoned, and extremely compelling.

During our recent 2008 IASD conference in Montreal, Dr. Milton Kramer emphasized in his invited address how groundbreaking Monte's humanitarian role had been in establishing the first mental-health clinic in New York City and how he had always been a strong advocate for the underserved and under privileged.

Monte was an incredibly humble man who would easily become embarrassed if anyone attempted to congratulate him for being the outstanding human being and friend that he was to so many of us, or if we tried to point out how extraordinarily significant his theoretical contributions had been in shaping our views about the purpose and functions of dreaming. Monte also completely revolutionized the way that dreams were dealt with in professional settings. His compassionate and supportive way of working with dream groups and spelling out the techniques that eventually became incorporated into his compassionate "if it were my dream" technique have been enthusiastically spread around the globe.

***Robert Van de Castle, PhD**, Professor Emeritus, University of Virginia Health Sciences Center, is former president of the Association for the Study of Dreams and the Parapsychological Association. He is author of Our Dreaming Mind (1994) and may be contacted at riv@virginia.edu.*

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